

# **Gary Moore**

I've been coaching couples for over 17 years. In my own case, and in the case of most couples I've worked with, we've never been taught how to "do relationship". It's not that we wouldn't do what we need to do to have a great marriage - we don't know what to do. And, it's very painful and difficult to learn what to do in the midst of trouble.

I've committed myself to teaching and inspiring others before they encounter major issues. But, I also coach those who are in the midst of "issues." I utilize a methodology that I call Mutual Understanding Method®. This straight forward, common sense approach weaves scripture and psychological research together.

## **Connect First**

# Communicate Later

One of the most common marital issues that couples struggle with is communication. "We just don't communicate." "We're just not on the same wave length." "We feel so distant from each other."

Maybe the real issue is that you're approaching the problem from the wrong direction. You have to have connection, or mutual understanding, before you can have communication.

Connection is one of the topics covered in the Couples Conference. How do we connect? What happens when we seem to lose connection? How do we get it back?

## Sponsored By:





**Faith Journey Church** 

23057 Old Hwy 30 Caldwell, ID 83607

#### **Session Overview**

#### Session #1: MUM's the Word

- ..Mutual Understanding Method®
- ..Relationships & Emotional Energy
- ..Gender Views of Relationships
- ..Hopes, Dreams & Desires vs. Expectations
- ..Expectations and Debt/Debtor Relationships

#### Session #2: Sub Who?

- ..Counter-cultural Message of Jesus
- ..Cultural Setting for Ephesians 5
- .. Mutual Submission Competition
- ..Most Controversial Part of the Teaching in Ephesians 5
- ..Expectations, Submission and Love

#### **Session #3: Six Divorce Predictors**

- ..Overview the Gottman's work and the Gottman Institute
- ..My experience at the Gottman Institute
- ..Six Divorce Predictors and Their Antidotes
- ..Handling Emotional Triggers

#### **Session #4: The Choice**

- ..When Expectations Don't Match Experience
- .. Happy Couples' Choice

# Conference Schedule Friday September 19th

6:30PM - Doors Open 7:00PM - Session 1

# Saturday September 20th

8:30AM - Continental Breakfast

9:00AM - Session 2

10:00AM - Break

10:15AM - Session 3

11:15AM - Break

11:20AM - Session 4

12:30PM - Conference Concludes

## Register Online

www.mutualunderstanding.net

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www.mutualunderstanding.net

Cost \$50.00/Couple





\$30.00/Couple